

Deansfield Primary School

Dairsie Road, Eltham, London, SE9 1XP

Tel: 020 8850 1218

Email: dfcontact@deansfield.compassps.uk

Website: www.deansfield.compassps.uk

Head Teacher:

Clara Daly

Acting Deputy Head:

Karen Baldwin



September 2022

Dear Parents

Swimming Lessons for Year 4

In Year 4, as part of the National Curriculum, we take children to the Eltham Leisure Centre Pool on Monday morning each week for swimming lessons. Each class takes turns to attend the sessions, Class 4P will be going on Monday 12th September with Class 4M on Monday 19th September 2022. These lessons will run throughout Year 4.

The following guidance has been provided by Greenwich Leisure Services:

- **Swimwear and swimming hats:** Bikinis, Bermuda shorts/Football shorts and underwear are not considered suitable in a learning situation. Girls should wear a one-piece swimsuit and boys should wear swimming trunks. All children should wear a hat.
- **Towel etc:** Please ensure that your child brings a towel and a bag for their wet things.
- **Jewellery:** All jewellery should be removed except in newly pierced ears (which must be removed after 6 weeks).
- **Swimming goggles** can be worn.
- **Nose pegs and ear plugs** are not recommended
- **If verrucae are being treated**, a protective sock must be worn
- **Please do not visit the pool at this time.** Your attendance may prove a distraction to your child and others when their full attention on the lesson is required.

Please warn your child that most (if not all) of the first lesson may be taken up with Health and Safety talks by the Instructor at poolside. It is imperative that your child remains focused whilst these important instructions are made clear, and that any advice given is followed implicitly.

Children will be walking to and from the Eltham Centre the day of their lesson, we therefore ask that all children arrive promptly to school at 8.50am to allow us to leave at 9.05am after registration. Each class will be accompanied by their class teacher and TA however we require an adult to child ratio to walk the children to and from the Eltham Centre and to achieve this we rely on the help of parents or other family members. We need two additional adults, if you would like to

Deansfield Primary School

Dairsie Road, Eltham, London, SE9 1XP

Tel: 020 8850 1218

Email: dfcontact@deansfield.compassps.uk

Website: www.deansfield.compassps.uk

Head Teacher:

Clara Daly

Acting Deputy Head:

Karen Baldwin



volunteer to help on any of the alternate Mondays your child will be swimming (please refer to the table below for dates) please email the office on

dfcontact@deansfield.compassps.uk.

Please note that that if you are volunteering to walk with the children, the pool has requested that you do not stay in the viewing gallery to watch.

CLASS	DATES						
4P	12 Sep	26 Sep	10 Oct	31 Oct	14 Nov	28 Nov	12 Dec
4M	19 Sep	3 Oct	17 Oct	7 Nov	21 Nov	5 Dec	

After a walk and an hour swimming we expect the children to be very hungry! Can we ask that you pack them a small healthy snack that they can eat whilst walking back to school. Cereal bars are a great option, but no nuts please.

The weather can always be relied upon so please make sure your child has their school jumper/cardigan with them each day along with a coat ideally waterproof with a hood.

If you have any further questions regarding your child's swimming lessons, please do not hesitate to contact us.

We are sure that your child will enjoy these sessions. Thank you for your support.

Yours sincerely

Mrs Daly
Head of School