

ALLERGEN CARD

Recipe	Allergens													
														
	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
Burger in a Bun PRI (287 kcal,1201 kJ)	✓	✓ Wheat										MC	✓	
Burger in a Bun halal (257 kcal,1075 kJ)	✓	✓ Wheat										MC	✓	
THEME BBQ Chicken Burger (255 kcal,1067 kJ)		✓ Wheat										MC		
Quorn Hotdog Pri (235 kcal,983 kJ)	✓	✓ Wheat		✓								MC		
Chips Pri (106 kcal,444 kJ)														
Garden Peas PRI (39 kcal,163 kJ)														
Baked Beans PRI (35 kcal,146 kJ)														
STRAWBERRY JELLY PRI (55 kcal,230 kJ)														
Honey and Oat Cookies (126 kcal,527 kJ)		MC Barley ✓ Oats ✓ Wheat												
ICE CREAM BOX VANILLA PRI (130 kcal,544 kJ)							✓							

Allergen and Nutrition Advice:

- Ingredients highlighted in bold or annotated with ✓ are allergens that are present in this product
- **MC** = Cross Contamination risk indicating that this ingredient is present in the manufacturing site / factory or supply chain and our suppliers believe there is a significant risk that this allergen could contaminate the food. Our busy kitchens endeavour to take all reasonable steps to avoid any risk of cross contamination however we cannot guarantee that our food is 100% free from a specific allergen
- Adults need around 2000 kcal a day